Set 07 Action Words 动作

每周学5个词：先看一看，再画一画，大声读出来！ Look, draw it, and say it out loud.

Name 姓名 _____ Date 日期 _____

31 run 跑

To move fast on your feet.
"I run in the park."
我在公园里跑步。

Draw it 画一画

32 jump 跳

To push your body up into the air.
"The frog can jump."
青蛙会跳。

Draw it 画一画

33 eat 吃

To put food in your mouth.
"We eat dinner at six."
我们六点吃晚饭。

Draw it 画一画

34 sleep 睡觉

To rest with your eyes closed at night.
"The baby is asleep. Let him sleep."
宝宝睡着了，让他睡吧。

Draw it 画一画

35 read 读、看（书）

To look at words and understand them.
"I read a story every day."
我每天读一个故事。

Draw it 画一画

Set 07 Trace and say it 描一描，说一说

沿着虚线描一描，再自己写一写，每个词大声读3遍，读一遍涂一个圆圈。 Trace, write, and say each word 3 times.

Name 姓名 _____ Date 日期 _____

run 跑 Say it 说3遍 ○ ○ ○

run run run

My sentence 我的句子: _____

jump 跳 Say it 说3遍 ○ ○ ○

jump jump jump

My sentence 我的句子: _____

eat 吃 Say it 说3遍 ○ ○ ○

eat eat eat

My sentence 我的句子: _____

sleep 睡觉 Say it 说3遍 ○ ○ ○

sleep sleep sleep

My sentence 我的句子: _____

read 读、看（书） Say it 说3遍 ○ ○ ○

read read read

My sentence 我的句子: _____